

Post-Op Instructions After Crown Prep and Impression

- Your tooth/teeth area will be a little sore around the prep area(s) for 7-10 days. The soreness will mostly be around the gum tissue.
- Your jaw may be a little sore due to the anesthetic injections.
- Try to cleanse the area by using PerioGard mouth rinse and warm salt water rinses for the next few days.
- When brushing do not floss around the area(s) where the crown preps are. Gently brush for the next few days. Avoid any vigorous stimulation on your gums. This will help the gums heal a lot quicker.
- Take 2-3 tablets of either, Motrin or Advil, every 4-5 hours twice a day for the first few days. This will help reduce any discomfort or inflammation you may have. If you are unable to take any of these items listed above, then you can try Tylenol. However, this will not help with inflammation.
- Avoid eating hard, crunchy, and sticky foods that could displace or break the temporary crown. Should your temporary crown come off before your next appointment please call our office.
- It is best to eat soft foods and avoid vigorous chewing around the prepared area, as the prepped tooth needs to heal.

If you have any severe pain or discomfort over the next 24 hours, please call the office at **(714) 516-1600**. If for any reason the pain continues after regular office hours, please call our after hours emergency phone number at **(714) 330-7799**.

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